

AR & LE

Spring & Summer 2015



AR&LE Spring Retreat

Saturday ■ May 16, 2015

See page 12 for details!

TRAIL Bowling for Buses

Saturday ■ April 25, 2015

See back cover for details!

Adaptive Recreation and Learning Exchange partnership (AR&LE) offers recreation, leisure and community education opportunities specifically designed to meet the needs of people with disabilities in the cities of Bloomington, Eden Prairie, Edina and Richfield.



Adaptive Recreation and Learning Exchange

Serving Bloomington, Eden Prairie, Edina & Richfield

WELCOME!

We would like to extend the invitation for you to take part in the variety of programs offered through the Adaptive Recreation & Learning Exchange Partnership (AR&LE). The information provided here should give you a closer look and better understanding of how our program works and where to acquire additional information that you may need. For over 30 years, the Adaptive Recreation and Learning Exchange (AR&LE) has been a leader in providing options for people with disabilities to participate in programs and activities that are specifically designed to meet their diverse needs.

WHAT IS AR&LE?

AR&LE is made up of two parts - Adaptive Recreation “AR” and Learning Exchange “LE”.

- *Adaptive Recreation:* The cities of Bloomington, Eden Prairie, Edina and Richfield each have programs that are specifically designed for people of all ages with disabilities including; softball, bowling, swimming lessons, fitness programs, skiing/snowboarding, softball, as well as a number of social programs for both youth and adults.
- *Learning Exchange:* The school districts of Bloomington, Edina, Eden Prairie and Richfield Community Education Adults with Disabilities programs are working together to offer customized classes for adults with developmental and/or physical disabilities. Classes include cooking, independent living skills, health and fitness, and other leisure learning activities.

PROGRAM CATALOG

AR&LE publishes a quarterly program catalog with descriptions of all programs to be offered for the upcoming season. This is sent out quarterly to all the participants and professionals who are on our mailing list.

Electronic copies of the current AR&LE program catalog are available via the Internet at: www.BloomingtonMN.gov and enter keywords “Adaptive Recreation” in the search engine.

PROFILES

In order to be on our mailing list, each person must complete a profile. Individuals with disabilities who participate in AR&LE programs should fill out a Participant profile. With the completed profile, the information is then available to the program staff so that they can be aware of any health, medical and special needs issues that pertain to the participant. Those individuals who provide support to, or work with the participant, should complete a Professional profile. After requesting a profile from any of the AR&LE staff or filling out and printing an online copy from www.BloomingtonMN.gov return the completed profile to the address below or scan and email to parksrec@BloomingtonMN.gov.

Bloomington Parks & Recreation
Attn: Mara
1800 West Old Shakopee Road
Bloomington, MN 55431

PROGRAM FEES AND REGISTRATION

The fees to register for AR&LE programs vary. Some are broken into Resident and Non-resident amounts. A Resident is anyone living in the four cities of Bloomington, Eden Prairie, Edina, or Richfield. Non-residents are considered to be those living outside of these cities. If a non-resident fee is charged, the difference is very minimal.

REFUND POLICY

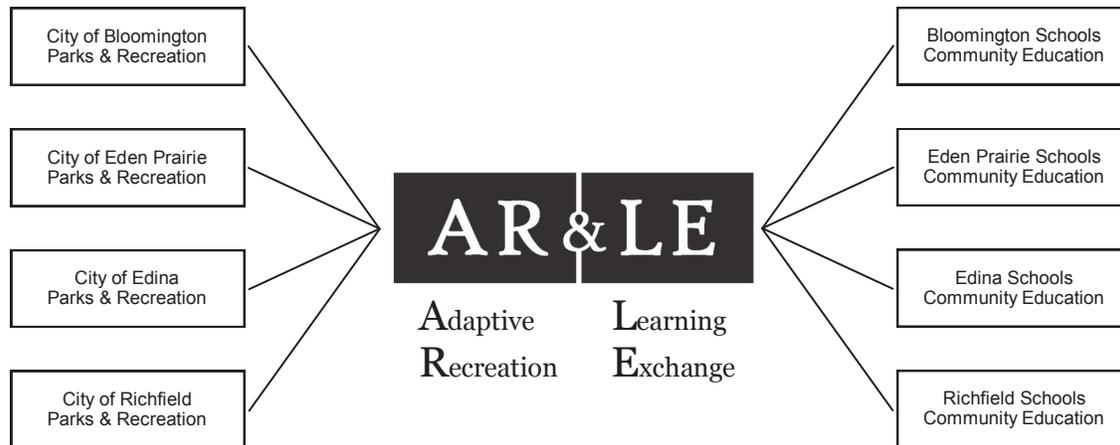
Each city reserves the right to implement their own refund policy.

The Cities of Bloomington, Eden Prairie, Edina and Richfield do not discriminate on the basis of disability in the admission or access to, or treatment or employment in, its services, programs, or activities. Upon request, accommodation will be provided to allow individuals with disabilities to participate in all services, programs, and activities. Upon request, this information can be available in alternate formats.

THE STAFF

The supervisory staff responsible for the planning and implementation of all the adaptive recreation programs have many years of experience in the Adaptive Recreation field. Their program staff are also highly skilled and dedicated individuals with professional and educational backgrounds in human services fields.

Working together, the Community Education directors from the school districts of Bloomington, Eden Prairie, Edina and Richfield employ a Coordinator for the Learning Exchange. Under the direction of the Learning Exchange Coordinator, professional instructors teach Learning Exchange classes with the assistance of talented and trained volunteers.



CONTACT INFORMATION

Bloomington Adaptive Recreation

- Jackie Doncavage - Recreation Supervisor: 952-563-8877 (tty: 952-563-8740)
jdoncavage@BloomingtonMN.gov

Eden Prairie Adaptive Recreation

- Nicole Minton - Recreation Supervisor: 952-949-8457 (tty: 952-949-8399)
nminton@edenprairie.org

Edina Adaptive Recreation

- Kristin Aarsvold - Recreation Supervisor: 952-826-0433 (tty: 952-826-0379)
kaarsvold@EdinaMN.gov

Richfield Adaptive Recreation

- Ann Jindra - Recreation Supervisor: 612-861-9361 (MN Relay Service at 711)
ajindra@cityofrichfield.org

Learning Exchange

- Gina Carpenter - Coordinator of Alternative Educational Services: 952-681-6122 (MN Relay Service at 711) - gcarpenter@bloomington.k12.mn.us
- Janet Clarke - Community Liaison: 952-681-6121 (MN Relay Service at 711)
jclarke@bloomington.k12.mn.us



TRAIL (Transportation Resource to Aid Independent Living) provides transportation for adults with developmental disabilities living in Bloomington, Eden Prairie, Edina and Richfield, allowing them to attend customized recreation and leisure programs offered by the Adaptive Recreation and Learning Exchange (AR&LE). Through donations and fundraising TRAIL subsidizes the cost of transportation; as a result, riders pay a nominal fee for their rides. Programs with this bus symbol have TRAIL available. To learn more or to make a donation, go to www.ridetrail.org, call Michelle at 952-828-0983, or email ridetrail@msn.com. **The current AR&LE catalog is available at www.ridetrail.org under "Resources".**

PERSONAL PROGRAM CHART

Use the chart below to keep track of your registered programs! If you don't want to cut out the registration forms, **an electronic copy of the current AR&LE program catalog is available via the Internet at: www.BloomingtonMN.gov** and enter keywords "Adaptive Recreation" in the search engine.

Day	Date/Time	Program	Location
Sunday			
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			
Saturday			



Jackie Doncavage - Recreation Supervisor
 Phone: 952-563-8877
 TTY: 952-563-8740
 Email: jdoncavage@BloomingtonMN.gov
 Address: 1800 W. Old Shakopee Road
 Bloomington 55431
 Website: www.BloomingtonMN.gov

TRAIL DANCE YOUR SOCKS OFF! ADULTS 18+

Put on your dancing shoes and get ready to boogie! No registration required, but you must have an AR&LE Participant Profile on file. Participants who require assistance must bring their own support person. *Door prizes will be given out near the end of each dance. MUST BE PRESENT TO WIN!* Music by Generations A to Z. Don't miss out on these fun events!

- Dates/Time:** March 13, 2015 ▪ 7:00 - 9:00 pm
St. Patrick's Dance
 Celebrate St. Patrick's Day with us and remember to wear green!
 Register for TRAIL by Monday, March 9, 2015 by noon.
- April 10, 2014 ▪ 7:00 - 9:00 pm
80's Music Video Night
 Moon Walk the night away to music videos from the 80's! Dress in your best 80's outfit!
 Register for TRAIL by Monday, April 6, 2015 by noon
- Location:** Valley View Middle School, 8900 Portland Avenue South, Bloomington.
 Parking is available on the West side (back) of the building. Enter through door E on the North end.
- Cost:** \$6/participant (includes 1 can of soda or water). Additional soda/water available for purchase for \$1.00 Support staff are free of charge and can purchase soda/water for \$1.00.
- Register by:** No dance registration required.

YOUTH SOFTBALL - AGES 10-18

BATTER UP! Want to learn to play softball? Increase your softball skills? Have fun and meet new friends? This is the program for you! Youth softball teaches basic rules and good sportsmanship in a non-threatening environment. Season highlights include a game under the lights (program time and location will be different for this event), team pictures, and more! Staff to participant ratio is 1:10.

- Dates/Time:** Mondays ▪ June 15-August 10 ▪ 6:30 - 8:30 pm (no June 29)
Location: Tarnhill Park, 9650 Little Road, Bloomington
Cost: \$60, includes team shirt. Please indicate shirt size on registration form.
Register by: May 29, 2015

TRAIL ADULT COMPETITIVE SOFTBALL - AGES 19+

Want to play some softball? Do you have experience playing on a team? Then this program is for you. This program is designed for men and women who want to play competitively. Teams will be developed after player skill evaluations are completed the first night. Season highlights include a game under the lights (program time and location will be different for this event), team pictures, and more! Staff to participant ratio is 1:20.

- Dates/Time:** Tuesdays ▪ June 16-August 11 ▪ 6:30 - 8:30 pm (no June 30)
Location: Tarnhill Park, 9650 Little Road, Bloomington
Cost: \$60, includes team shirt. Please indicate shirt size on registration form.
Register by: May 29, 2015. TRAIL is available! TRAIL riders must request TRAIL when registering. **TRAIL requires a minimum of five riders, so sign up early!**



TRAIL ADULT RECREATIONAL SOFTBALL - AGES 19+

Join us for a fun summer of softball with your friends from AR&LE. This program is designed for men and women who want to play for fun - no experience is necessary. Season highlights include a game under the lights (program time and location will be different for this event), team pictures, and more! Staff to participant ratio is 1:20.

- Dates/Time:** Tuesdays ▪ June 16-August 11 ▪ 6:30 - 8:30 pm (no June 30)
Location: Tarnhill Park, 9650 Little Road, Bloomington
Cost: \$60, includes team shirt. Please indicate shirt size when registering.
Register by: May 29, 2015. TRAIL is available! TRAIL riders must request TRAIL when registering. **TRAIL requires a minimum of five riders, so sign up early!**

Looking for registration forms or want to pre-register/pay for our programs? Go online to www.BloomingtonMN.gov (keyword "Dance" or "AR&LE Softball") or contact us at 952-563-8877.



Nicole Minton - Recreation Supervisor

Eden Prairie Parks and Recreation

Phone: 952-949-8457

TTY: 952-949-8399

Email: nminton@edenprairie.org

Address: 8080 Mitchell Road, Eden Prairie 55344

Website: www.edenprairie.org

ACCESS FOR ALL

Adaptive recreation programs are designed for individuals with disabilities. Staff to participant ratio is 1:3. Participants should independently demonstrate the following skills:

- Ability to follow the program schedule and adapt to change in routine with minimal prompting
- Willingness to try new activities and adjust to a variety of settings
- Communicate needs and wants
- Ability to dress oneself and use the restroom

If support is needed with one of these skills, then a personal support staff (PSS) must accompany the participant. If a PSS will be attending the program, please inform Nicole Minton, Therapeutic Recreation Supervisor, at nminton@edenprairie.org or 952-949-8457.

ADAPTIVE ICE SKATING I - AGES 10-22

Using personalized instruction, this program encourages skaters of all abilities, at an individual pace, within a group setting. Start by becoming familiar with the ice and learning to stand and fall correctly, then progress to improving balance, coordination, flexibility and strength while learning a variety of fundamental skating skills. No previous skating experience is required. Skate rental is available. Protective head gear (such as a bike helmet) is required.

Dates/Time: Wednesdays ▪ April 8-May 13 ▪ 7:10-7:40 pm

Location: Eden Prairie Community Center Room 201

Cost: \$75

Register: Registration deadline is March 27; maximum 6



EVERYONE CAN DANCE! - AGES 13-22

Learn the basic building blocks of dance that include eye-hand coordination, flexibility, and rhythm. Learn a short dance based on a pop culture theme. Parents are invited to attend a performance on the last day.

Dates/Time: Saturdays ▪ April 18-May 16 ▪ 10:15-11:00 am

Location: Eden Prairie Community Center Cambria Room

Cost: \$44

Register: Registration deadline is April 10; maximum 10



FUN WITH FITNESS - AGES 13-22

A low-impact fitness class designed to enhance range of motion, strength and endurance. Register and bring a parent, sibling or PSS at no cost and workout together.

Dates/Time: Wednesdays ▪ June 3-24 ▪ 5:30-6:15 pm Wednesdays ▪ July 8-29 ▪ 5:30-6:15 pm

Wednesdays ▪ Aug 5-26 ▪ 5:30-6:15 pm

Location: Eden Prairie Community Center Cambria Room 201

Cost: \$43 per session

Register: Registration deadline is seven days prior to the start date; maximum 8

FRIENDS TOGETHER CAMP - AGES 13-22

Expand your interests and personal skills through creative projects, games and outdoor activities. The daily schedule varies based on occasional off-site activities. The schedule is emailed one week prior to the camp. Camps run Monday through Friday.

Dates/Time: June 15-19 ▪ 9:00 am-3:00 pm July 20-24 ▪ 9:00 am-noon

July 6-10 ▪ 9:00 am-noon July 27-31 ▪ 9:00 am-noon

July 13-17 ▪ 9:00 am-noon Aug 3-7 ▪ 9:00 am-noon

Location: Nesbitt Preserve Park

Cost: June 15-19 - \$144; all other weeks are \$84 per session

Register: Registration deadline is seven days prior to the start date; maximum 10



TOUR DE METRO - AGES 13-22

Explore the many things to do around the Twin Cities. Outings will be to a Twins game, Riverboat Cruise, Centennial Lakes, Lake Harriet & Brunswick Zone. Admission fees are included in the registration fee.

Dates/Time: Monday-Friday ▪ June 22-26 ▪ 9:00 am-3:00 pm

Location: Drop off/pick up Nesbitt Preserve Park

Cost: \$179

Register: Registration deadline is June 15; maximum 8

BEHIND THE SCENES CAMP - AGES 13-22

Participants learn about genres of movies and what goes into making a movie. The group will make a short film and go to a movie. Bring your own device to capture pictures and record video.

Dates/Time: Monday-Friday ▪ July 6-10 ▪ 1:00-3:00 pm
Location: Eden Prairie Community Center Cambria Room
Cost: \$65
Register: Registration deadline is June 29; maximum 10



SWIM, SPORTS AND MORE CAMP - AGES 13-22

A new sport is introduced each day. After learning the rules of each sport, participants practice the skills and play a game. Participants swim daily.

Dates/Time: Monday-Friday ▪ July 13-17 ▪ 1:00-3:00 pm
Location: Community Center Room 203 and 204/gym
Cost: \$75
Register: Registration deadline is July 6; maximum 10



GET YOUR GLEE ON - AGES 13-22

Sing familiar songs and play a variety of instruments in a fun and supportive environment. Friends and family are invited to attend a performance at the end of camp.

Dates/Time: Monday-Friday ▪ July 20-24 ▪ 1:00-3:00 pm
Location: Eden Prairie Senior Center
Cost: \$170
Register: Register deadline is July 6; maximum 10



ART OF SOCIAL SKILLS CAMP - AGES 13-22

Get your creative energy flowing. Experience theater, dance, visual arts and poetry activities led by local professional artists from Upstream Arts in a fun and interactive environment. Participants act, write, dance, paint, create, experience, socialize and learn.

Dates/Time: Monday-Friday ▪ July 27-31 ▪ 1:00-3:00 pm
Location: Community Center Cambria Room
Cost: \$170
Register: Registration deadline is July 13; maximum 15



BEACH WEEK - AGES 13-22

Grab your swim suit, towel and flip-flops. Each day we will go to a different beach in Eden Prairie or around the Twin Cities area. The locations will be emailed one week prior to program start.

Dates/Time: Monday-Friday ▪ Aug 3-7 ▪ 1:00-3:00 pm
Location: Drop off/pick up at Nesbitt Preserve Park
Cost: \$72
Register: Registration deadline is July 27; maximum 8



LIFE SKILLS CAMP - AGES 13-22

Using everyday situations, learn about, practice and apply life skills in a controlled environment. The camp focuses on basic safety, personal and community independence, and getting along with others. The daily schedule varies based on occasional off-site activities.

Dates/Time: Monday-Friday ▪ August 10-14 ▪ 9:00 am-3:00 pm
Location: Nesbitt Preserve Park
Cost: \$144
Register: Registration deadline is August 3; maximum 8

EVERYONE CAN DANCE CAMP - AGES 13-22

A week full of dance! Practice your moves to popular songs at your school dances. Friends and family are invited to attend a performance on the last day.

Dates/Time: Monday-Friday ▪ August 17-21 ▪ 9:00-10:30 am
Location: Eden Prairie Community Center Cambria Room
Cost: \$55
Register: Registration deadline is August 10; maximum 10



Lunch Break!

Are you registered for a morning and afternoon camp? Stay for lunch and hang out with friends. Transportation provided. No registration necessary!



Eden Prairie Spring & Summer Registration form is on page 17.



Kristin Aarsvold - Recreation Supervisor
Edina Parks and Recreation
Phone: 952-826-0433
TTY: 952-826-0379
Email: kaarsvold@EdinaMN.gov
Address: 4801 W. 50th Street, Edina 55424
Website: www.EdinaParks.com

DREAM ICE SKATING

This class encourages skaters ages 5-15 to follow their dreams. Skaters of all abilities will have fun learning to skate at their own pace. Taught by certified coaches and supported by 1:1 volunteers. No previous skating experience needed, hockey helmet required.

Dates/Times: Sundays ▪ April 12, 19, 26 ▪ 10:40 - 11:30 am
Sunday ▪ May 3 ▪ 4:40 - 5:50 pm
Sunday ▪ May 17 ▪ 10:40 - 11:30 am
Location: Braemar Ice Arena, 7501 Ikola Way
Cost: \$100
Register by: March 14; minimum 6, maximum 20



LARRY NELSON ADAPTIVE GOLF PROGRAM

Beginners will learn about golf etiquette, basic skills and rules while working with experienced volunteer golfers. SNAG equipment will be used to help new golfers feel successful more quickly. Golfers are supported on the course with volunteers based on their needs, ages 10 and older.

Dates: Fridays ▪ April 24 - June 19 (no class on May 22)
Time: 7:30 pm - dark
Location: Braemar Golf Course, 6364 John Harris Drive
Cost: \$68
Register by: April 3; minimum 8, maximum 12



LARRY NELSON ADAPTIVE LEAGUE AND ADVANCED LESSONS

This program is designed for golfers who can be independent on the course with little supervision from volunteers. After two sessions of skill building, we will hit the course and play. Golfers must be referred to the program. ***This program uses TRAIL which requires a minimum of five riders, so sign up early!***

Dates: Fridays ▪ April 24 - June 19 (no class on May 22)
Time: 6:30 pm - dark
Location: Braemar Golf Course, 6364 John Harris Drive
Cost: \$85, plus weekly greens fees
Register by: April 3; minimum 8, maximum 20





ADAPTIVE WATER AEROBICS

Aerobic strengthening, stretching and range-of-motion exercises, all in the comfort of the Edinborough Park pool. Boost fitness levels and minimize the impact on your bones/muscles as you exercise. The pool has a chair lift for easy entrance and exit. Ages 16 and up are welcome; group home staff bringing more than two participants must provide support in the water. ***This program uses TRAIL which requires a minimum of five riders, so sign up early.***

Dates: Wednesdays
Session I: June 3-24 Session II: July 1-22
Time: 7:15 pm - 8:15 pm
Location: Edinborough Park, 7700 York Avenue South
Cost: \$42
Register by: May 27; minimum 10, maximum 25



ADAPTIVE THEATRICAL PERFORMANCE CAMP - PLAY TO BE DETERMINED

It's one of our most popular teen camps! After viewing a movie, campers will learn lines and songs, as well as create the sets for the exciting performance that is held on the last day of camp. This program is open to ages 13-21.

Dates/Time: Monday - Thursday August 10-14 10:00 am - 3:00 pm
Friday August 14 9:30 am - 1:00 pm
Performance at 1:00 pm
Location: Edinborough Park, 7700 York Avenue, Edina
Cost: \$160
Register by: July 15; minimum 8, maximum 20



*Like to be on stage?
Theater Camp
is your chance to
shine. Spots are
limited, so sign up
early!*

*You're a star!
Sign up soon for
the hottest ticket to
the coolest week
this summer!
Theater Camp 2015*



Edina Spring & Summer Registration form is on page 17.



Ann Jindra
 Recreation Supervisor
 Richfield Recreation Services
 Phone: 612-861-9361
 TTY: 711 (Minnesota Relay Service)
 Email: ajindra@cityofrichfield.org
 Address: 7000 Nicollet Avenue South
 Richfield 55423
 Website: www.cityofrichfield.org



MOVIES AND MUNCHIES

Meet new people, visit with friends, and enjoy a movie on the big screen!

Who: Adults 18 and older. Support staff are asked to assist clients as needed.
Date/Time: Fridays ▪ 7:00 - 9:00 pm
 April 3 - *The Book of Life*
 May 1 - *Annie* (\$8 movie & pizza)
Location: Richfield Community Center, 7000 Nicollet Avenue South
Cost: \$5 per movie **payable at the door.** \$8 May 1 movie & pizza.
 Support staff are invited to attend free of charge. (May 1 staff are required to pay \$6 if they would like pizza.)



Register by: Movies & Munchies is drop-in program, but prior registration is appreciated by calling 612-861-9385. TRAIL riders: Call by 12 pm the Tuesday before each movie to register and request a ride, or check the box on the registration form. maximum 50.



CARDIO FITNESS

Stay in great shape with an aerobic exercise program improving your overall fitness level. Please wear workout shoes and clothes.

Who: Adults 18 and older who can be safely supervised by 1 staff person per 25 participants and follow simple choreography.
Dates: Mondays and Wednesdays. March 30-May 20
Time: 7:00 - 8:00 pm
Location: Richfield Community Center, 7000 Nicollet Avenue South
Cost: 2 days per week: \$42 resident, \$48 nonresident
 1 day per week: \$21 resident, \$24 nonresident
Please indicate Monday and/or Wednesday on your registration form! **TRAIL is available on Monday and Wednesday nights this session! Minimum of five riders each night and maximum of ten riders on Mondays and twenty riders on Wednesdays.**



Register by: March 23; minimum 10, maximum 25 per night



STEP TO IT WALKING CLUB

Walking is great exercise and the best time to walk is summer! Join the summer walking club! We will be walking around the Kennedy High School Track. Remember to dress for the weather, wear tennis shoes & BRING A WATER BOTTLE!!! If it rains we will walk inside the Kennedy Activity Center. **TRAIL requires a minimum of five riders, so sign up early!**

Who: Adults 18 and older who can safely be supervised by 1 staff person per 25 participants
Dates: Mondays ▪ June 1-August 17 (August 24 makeup)
Time: 7:00 - 8:00 pm
Location: Jefferson High School, 4001 West 102nd Street, Bloomington
Cost: \$40 resident, \$45 nonresident
Register by: May 26; minimum 10, maximum 25





SPRING GOOD HAPPENINGS

Good Happenings is a social club for adults 22 and older who enjoy participating in recreational activities and events with a group of friends. Activities are listed below. Sign up for all or select just a few of the activities offered!

Hockey Game & Pizza – Come watch Richfield’s own junior hockey team, called the Minnesota Magicians, take on the Aberdeen Wings! After the puck drops, we will enjoy Davanni’s pizza while cheering on the Magicians. Register by Mar 20; min 15, max 30

Date: Fri, Mar 27 Time: 7:00-9:00 pm Location: Richfield Ice Arena
636 E. 66th Street Cost: \$19
Staff cost: \$10 for ticket & pizza

Dinner at Pizza Luce – Have a fun night visiting with your friends at Pizza Luce! Enjoy a yummy buffet dinner with pizza, salad, desert and drink. Register by Apr 17; min 15, max 40

Date: Thu, Apr 23 Time: 6:45-8:15 pm Location: Pizza Luce, 800 W. 66th Street Cost: \$19
Staff cost: \$11 for meal

“Seussical the Musical” at JHS – Enjoy an evening watching Jefferson High School students perform “*Suessical the Musical*”, based on the books of Dr. Seuss. Please arrive by 6:45 to take your seat. Register by April 22; min 15, max 30

Date: Thu, May 7 Time: 6:45-9:00 pm Location: Bloomington Jefferson High School Cost: \$16
Staff cost: \$10 for ticket only, all accompanying staff must purchase ticket

Bowling @ Brunswick Zone – Keep up on your bowling game and spend an evening with friends bowling and having pizza for dinner! We have 10 lanes reserved for 40 lucky bowlers. Register by May 20; min 15, max 40

Date: Wed, May 27 Time: 6:45-8:45 pm Location: Brunswick Zone Eden Prairie Cost: \$15
Staff cost: \$8 for pizza & soda



SUMMER GOOD HAPPENINGS

Good Happenings is a social club for adults 22 and older who enjoy participating in recreational activities and events with a group of friends. Activities are listed below. Sign up for all or select just a few of the activities offered!

Tacos & Tunes – The ever popular Tacos & Tunes is back! Build your own taco of tasty fixings, plus salsa and chips. Then listen to a lively outdoor concert in Ausburg Park or indoor games if it rains! **Register with the Learning Exchange on page 15.**

Date: Thu, June 4 Time: 6:30-8:15 pm Location: Richfield Community Center Cost: \$15
Staff cost: \$8 for dinner

“Once Upon a Mattress” Outdoor Musical – Enjoy an evening outside as the Eden Prairie Players perform “*Once Upon a Mattress*”! Remember to bring a lawn chair or blanket to sit on! Snacks will be provided. Register by June 12; min 15, max 40

Date: Thu, June 18 Time: 6:45-8:45 pm Location: Staring Lake Amphitheatre
Eden Prairie Cost: \$10
Staff cost: \$0 please note if attending

12th Annual Summer Picnic – It’s that time of year again, the annual Good Happenings picnic with your friends! We will have great food, play BINGO and sand volleyball! We will picnic in Shelter #3. Register by: July 6; min 15, max 40

Date: Thu, July 9 Time: 6:45-8:45 pm Location: Bush Lake Park, 91450 E Bush Lk Rd Cost: \$15
Staff cost: \$8 for picnic dinner

St. Paul Saints Game – Watch the Saints in their brand-new ballpark, CHS Field! The Saints will be playing an evening ballgame against the Winnipeg Goldeyes. You will receive \$5 in Saints Bucks to purchase concessions. If you need extra food, please bring \$! No cancellations will be accepted after June 18. Register by June 18; min 15, max 30

Date: Sun, July 19 Time: 3:45-9:00 pm Location: Drop off/pick up at Richfield Com. Ctr. Cost: \$32
Staff cost: \$14 for ticket only, all accompanying staff must purchase ticket

Bowling @ Brunswick Zone – Get ready for the fall bowling season, practice and spend an evening with friends bowling and having pizza for dinner! We have 10 lanes reserved for 40 lucky bowlers. Register by July 31; min 15, max 40

Date: Wed, Aug 5 Time: 6:45-8:45 pm Location: Brunswick Zone Eden Prairie Cost: \$15
Staff cost: \$8 for pizza & soda

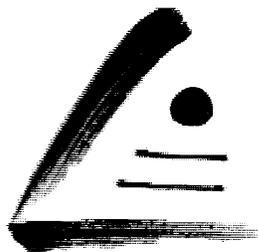
Dakota County Fair – Let’s go to the fair! Check out the 4H exhibits, farm animals, car show and more. Bring your own spending money for lunch and any extras! Dress for the weather, wear comfortable shoes & sunscreen. Register by Aug 10; min 15, max 30

Date: Sun, Aug 16 Time: 11:00 am-4:00 pm Location: Drop off/pick up at Richfield Com. Ctr. Cost: \$20
Staff cost: \$5 for admission only, all accompanying staff must purchase ticket

End of Summer BBQ Bash – Celebrate the end of summer with a party! We’ll serve a delicious meal of pulled pork sandwiches plus corn bread, baked beans and coleslaw. After dinner we’ll play yard games and visit with friends. Register by: Aug 27; min 15, max 40

Date: Tue, Sept 1 Time: 6:45-8:30 pm Location: Richfield Community Center Cost: \$15
Staff cost: \$7 for dinner

Richfield Spring & Summer Registration forms are on page 19.



THE LEARNING EXCHANGE

Gina Carpenter - Coordinator of Alternative Educational Services
 Phone: 952-681-6122
 TTY: 711 (Minnesota Relay Service)
 Email: gcarpenter@bloomington.k12.mn.us
 Janet Clarke - Community Liaison
 Phone: 952-681-6121
 Email: jclarke@bloomington.k12.mn.us
 Address: 2575 West 88th Street, Bloomington 55431
 Website: www.bloomington.k12.mn.us

Learning Exchange classes are for adults, 18 years and older.

On-line Registration Site and Web Site

For on-line registration, go to br.thatscommunityed.com and create an account. Or link from our web page at bloomington.k12.mn.us and click on *Community Services*, then *Adults with Disabilities*, then *Register for Classes*.

Personal Leisure and Healthy Lifestyles

AR&LE SPRING RETREAT: HOT AIR BALLOON MAGIC!

Join us at Woodlake Nature Center for an afternoon of discovery with your friends! Learn about how hot air balloons work, then help make a nearly 5 foot tall, unmanned balloon to launch outdoors! We'll have a snack time and also a nature scavenger hunt. Dress to be outdoors - indoor activities available if there is rainy weather. Snack cost for staff: \$4.

Date/Time: Saturday ▪ May 16 ▪ 1:30 - 4:00 pm
Location: Woodlake Nature Center, 6710 Lake Shore Drive South, Richfield
Cost: \$20, includes snack; staff snack \$4. Checks payable to **ISD 271**
Register by: May 1; minimum 10, maximum 25



SHOOTING POOL

Have a blast learning the basics of shooting pool or practicing what you already know! This class shows you the basics and will give you time to play several games with other class members and volunteers from the Pool Room.

Date/Time: Monday ▪ April 6 ▪ 7:00 - 8:15 pm
Location: Edina Senior Center, 5280 Grandview Square, Edina
Cost: \$8, checks payable to **ISD 271**
Register by: March 23; minimum 6, maximum 12



FRIENDSHIP SKILLS: BINGO, TRIVIA AND CONVERSATION

Let's play Bingo (yes, with prizes!) and More Disney Movie Trivia. Between games, we'll practice conversation skills from questions that were part of the games. What a great way to have fun and get to know people!

Date/Time: Monday ▪ May 18 ▪ 7:00 - 8:15 pm
Location: Washburn Elementary School Lunchroom, 8401 Xerxes Avenue South, Bloomington
Cost: \$10, checks payable to **ISD 271**
Register by: May 4; minimum 6, maximum 20

CHAIR YOGA AND RELAXATION

Come stretch, breathe, feel more energized, but relaxed! It's the magic of yoga. We'll do poses and relaxation exercises seated in a chair – no laying on the ground, no mats. As with all exercise classes, if you have any health issues, check with a doctor first.

Dates/Time: Tuesdays ▪ April 21 ▪ May 5 ▪ May 19 ▪ 7:00 - 8:00 pm
Location: Fraser Sheridan Court Commons Room, 2500 W. 66th Street, Richfield
Cost: All three classes for only \$14, checks payable to **ISD 271**
Register by: April 7; minimum 6, maximum 12



MONEY MATTERS

Does your money sometimes seem to run out faster than you expect? We'll have fun discussing wants and needs when it comes to spending and saving. Get to understand your style of handling money better. Discover ideas that will help you make useful spending decisions and still have a good time! You'll take home a list of your own money priorities and encouraging ideas to make the most of your money. (This class has similar content to 'Making the Most of Your Money' from Fall 2014).

Date/Time: Tuesday ▪ April 28 ▪ 7:00 - 8:15 pm
Location: Jefferson High School, Media Center, 4001 W. 102nd St., Bloomington
Cost: \$8, checks payable to **ISD 271**
Register by: April 14; minimum 6, maximum 20



VOLUNTEER AND SOCIAL TIME!

Come volunteer with your friends at the new Arc's Value Village store in Bloomington. Volunteers will help unpack, sort and tag donations and fill the sales floor. Make a difference in the community by offering your help! We'll have a half-hour social time afterwards at McDonald's, by walking across the parking lot. Cost of a small treat at McDonald's included in registration price. Bring extra money if you want more. **Important:** Wear closed-toed shoes, no sandals or flip flops.

Date/Time: Monday ▪ May 11 ▪ 6:30 - 8:30 pm
Location: Drop off: Enter back of store at Arc's Value Village, 10546 France Ave. So., Bloomington
Pick up: McDonald's; 4000 West Old Shakopee Road, Bloomington
Cost: \$5, checks payable to **ISD 271**
Register by: April 27; minimum 6, maximum 20



NEW! POETRY: MORE THAN RHYMES

Did you know that many popular songs started off as poetry? Do you write poems? Wish that you could write poems? Come meet Rebecca Surmont, a local poet and artist, who will lead us through some creative opportunities to discover our inner poet. This class could lead to more poetry nights and maybe even a performance!

Date/Time: Monday ▪ April 13 ▪ 7:00 - 8:15 pm
Location: Jefferson High School, Media Center, 4001 W. 102nd St., Bloomington
Cost: \$8, checks payable to **ISD 271**
Register by: March 31; minimum 6, maximum 20



NEW! ACCESSORIES SWAP & STYLING TIPS!

Do you have scarves, jewelry, purses or belts that are still nice, but that you don't use any more? Bring them to swap for someone else's accessories that you like better. What a great way to clean your closet and swap for items that you will actually use! Plus we'll talk through tips on how to tie scarves and combine jewelry to make your new finds even more fun to use! Bring a minimum of 1 to a maximum of 10 of any combination of: scarves, necklaces, bracelets, rings, belts, purses, decorative pins, decorative hair clips, etc. Items that are not claimed will be donated to Value Village. Have questions? Call Janet at 952-681-6121.

Date/Time: Tuesday ▪ June 2 ▪ 7:00 - 8:15 pm
Location: Edina Senior Center, 5280 Grandview Square, Edina
Cost: \$8, checks payable to **ISD 271**
Register by: May 19; minimum 6, maximum 20



NEW! MODEL BOATING NIGHT!

Hear a short presentation from members of the Edina Model Yacht Club. Then stand on shore and try your hand at operating a radio-controlled miniature boat on Centennial Lake. Enjoy watching the variety of miniature boats and other scenery at Centennial Lakes Park. Dress to enjoy the great outdoors!

Date/Time: Thursday ▪ May 28 ▪ 7:00 - 8:15 pm
Location: Centennial Lakes Park, 7499 France Ave. So., Edina (lower level by Hughes Pavilion for drop off/pick up)
Cost: \$8, checks payable to **ISD 271**
Register by: May 14; minimum 6, maximum 25



Arts & Crafts

Here's another great art class at the Bloomington Art Center, located in the Bloomington Civic Plaza. Instructors leading classes are professional artists. This will fill fast – sign up soon!



ART INVENTIONS THAT MOVE!

In the spirit of Leonardo DaVinci, learners will design and create various artistic inventions using basic sculpture techniques, design and engineering principles, and mixed-media materials. Catapults that shoot pom-poms, whirly-gigs that float and spin through the air, and toy contraptions that zoom across the floor are just a few ideas. Come with your imagination ready and design something new!

Date/Time: Thursday ▪ May 14 ▪ 7:00 - 8:30 pm
Location: Bloomington Civic Plaza; 1800 West Old Shakopee Road, Bloomington
Cost: \$15 which includes all materials, checks payable to **ISD 271**
Register by: April 30; minimum 6, maximum 16

Cooking Classes



CLEVER CUPCAKES

Want to try cake decorating without having to squeeze an icing bag? Here's a fun class to try different decorating tricks on cupcakes. What a fun way to learn some ideas that you could use for May Day cupcakes or Mother's Day cupcakes! You'll decorate 3 cupcakes this night - bring a container to take home the ones you don't eat!

Date/Time: Monday ▪ April 20 ▪ 7:00 - 8:15 pm (note different time)
Location: Jefferson High School, Cooking Lab A100, 4001 W. 102nd St., Bloomington
Cost: \$15, checks payable to **ISD 271**
Register by: April 6; minimum 6; maximum 16



TACOS & TUNES PICNIC - IN COOPERATION WITH GOOD HAPPENINGS

That's right, the popular Tacos & Tunes is back! Build your own taco of tasty fixings, plus salsa and chips. Then, listen to a lively outdoor concert in Augsburg Park next to the Community Center. Bring a folding lawn chair or blanket to sit on. Bring outdoor clothing to keep warm if it is cool. If it rains, we'll have indoor games to continue the fun! Additional dinner for staff, \$8.

Date/Time: Thursday ▪ June 4 ▪ 6:30 - 8:15 pm (note different time)
Location: Richfield Community Center, 7000 Nicollet Avenue South, Richfield
Cost: \$16 for participant; staff dinner \$8, checks payable to **ISD 271**
Register by: May 21; minimum 10; maximum 40



Dining Club

Do you love to help make food then eat it?! Dining Club is for all ability levels of learners who can follow safety instructions. Staff/volunteer to participant ratio is approximately 1:3; group home staff are expected to stay and assist. The focus is preparing food together and socializing while eating and washing dishes together. Bring containers for potential leftovers and take home the written recipe!



TRAIL riders: Only ONE Thursday Dining Club class has TRAIL. Usually it is the second Thursday class of a pair of classes. See registration form to verify that your choice offers TRAIL.



Time: Dining Club classes meet from 7:00 - 8:30 pm
Location: Jefferson High School, Cooking Lab A100, 4001 W. 102nd St., Bloomington
Cost: \$15 per class, checks payable to **ISD 271**
Register by: Two weeks before class; minimum 6, maximum 15 (Hurry, these fill fast!)

Thai Noodle Salad Thursday, Apr 16 or Thursday, Apr 30 (TRAIL)

Southeast Asia is a culinary adventure! Learn to cook a favorite Thai dish, 'glass' noodle salad. This is a vegetarian version with thin noodles, fresh veggies, lime juice, mint, cilantro and optional peanuts on top. Refreshing for spring time, filling enough for supper!

Decadent Desserts Thursday, May 7 or Thursday, May 21 (TRAIL)

We dare anyone to even try and resist these easy to make, delicious desserts. Included are Chocolate Banana Cream Pie and Mexican Chocolate Nachos. Don't forget to bring your sweet tooth! (Eat a light dinner first; bring containers for taking extra desserts home.)

Specific Group Programs for Young Adults ages 22 to 40

The class below is appropriate for learners with learning disabilities or social disabilities who are independent learners, ages 22 to 40. Learners should be able to think of questions to ask another person during a two-way conversation. Wonder if this is a good match for you? Call Janet to discuss: 952-681-6121



FRIENDSHIP AND DATING - WHAT'S THE DIFFERENCE?

You enjoy conversations with other people, but how do you know if the person you are getting to know is a potential romantic interest? Let's talk about power relationships, body language and other cues that may be easy to miss. Led by Nina Jonson, an engaging presenter who has led several popular classes for Learning Exchange. Bring your questions and leave with more confidence in making the connections that you intend!

Date/Time: Monday ▪ May 4 ▪ 7:00 - 8:15 pm
Location: Jefferson High School, Media Center, 4001 W. 102nd St., Bloomington
Cost: \$8, checks payable to **ISD 271**
Register by: April 20; minimum 6; maximum 16

Looking for other classes with people who share your interests? You might like:

- **Accessories Swap & Styling Tips!** ▪ see page 13
- **Poetry: More Than Rhymes!** ▪ see page 13
- **AR&LE Retreat: Hot Air Balloon Magic!** ▪ see page 12
- **Clever Cupcakes** ▪ see page 13
- **Art Inventions that Move!** ▪ see page 13

TRANSITIONS TO RETIREMENT

Retirement is the beginning of a whole new stage of life, but it can present challenges. For adults with disabilities, those challenges include the loss of daily structure and connections with co-workers.

If your family member or person you care for is close to retirement, do you know how they will spend their day? Listen to a panel of experts discuss transitions to retirement for people with disabilities and plans you can start to make to ensure that retirement is a positive experience.

Friday, April 24, 2015
1:00-3:00 p.m.
Christ the King Church, Fellowship Hall
8600 Fremont Avenue South, Bloomington

Please RSVP by Tuesday, April 21, by contacting Gina Carpenter at Learning Exchange at gcarpenter@bloomington.k12.mn.us, or call 952-681-6122. There will be a charge of \$15 per person at the door; group rate of \$75 for six or more professionals from the same organization. **Please make checks payable to ISD #271.** Light refreshments will be served.

SAGES is a collaboration of community organizations offering education about disability issues. SAGES workshops are for self-advocates, family members, caregivers and service providers of people with disabilities.

Register on-line with a credit card or link to your checking account:
 br.thatscommunityed.com Or mail in this form with payment to:
 ISD 271 - Learning Exchange, 2575 W. 88th Street, Bloomington, MN 55431

Note: Checks MUST be made payable to ISD 271 or they will be returned. Thanks!

Learning Exchange Registration Form

Participant Name		Home Phone	E-mail		Age
Address			Apt. #	City	Zip Code
Staff will attend: Yes ___ No ___ Allergies/Medical Concerns: _____					
Parent/Guardian		Home Phone	Cell/Work Phone	E-mail	
Emergency Contact		Phone/s		Relationship	

THE DATA PRACTICES ACT requires that we inform you of your rights about the private data we are requesting on this form. Private data is available to you, but not to the public. This information can be shared with the Recreation and Learning Exchange staff of the Cities and School Districts of Bloomington, Edina, Eden Prairie, Richfield and TRAIL. You can withhold this data, but we may not be able to complete your registration and/or you may not receive updated program information. Your signature on this form indicates you understand these rights.

WAIVER: I, the undersigned, understand that my participation in this activity or program is completely voluntary and that the activity or program being offered is for the benefit of the participant. The City or School District shall not be liable for any claims, injuries, or damages, of whatever nature, incurred by the participant which are directly or indirectly attributable to the negligence, whether passive or active, of the City or School District, its agents or employees, arising out of, or in connection with, the activity or program. On behalf of the participant and myself, I expressly release and discharge the City or School District, its agents or employees from any such claims, injuries, or damages.

WAIVER: I understand and agree that Adaptive Recreation and Learning Exchange may use my photo image for publicity purposes.

_____ Date _____
 Participant or Parent/Guardian Signature

TRAIL Riders please check TRAIL Box			Class ID			Cost			TRAIL		
Personal Leisure & Healthy Lifestyles			Cooking Classes (cont'd)								
LE112S-A	AR&LE Spring Retreat: Hot Air Balloon Magic, May 16 ...	<input type="checkbox"/>	\$20	<input type="checkbox"/>	LE44S-A	Tacos & Tunes, June 4	<input type="checkbox"/>	\$16	<input type="checkbox"/>		
LE112S-B	AR&LE Retreat Staff Snack	<input type="checkbox"/>	\$ 4	<input type="checkbox"/>		In cooperation with Good Happenings					
LE16S	Shooting Pool, Apr 6	<input type="checkbox"/>	\$ 8	<input type="checkbox"/>	LE44S-B	Staff meal for Tacos and Tunes	<input type="checkbox"/>	\$ 8	<input type="checkbox"/>		
LE36S	Friendship Skills: Bingo, Trivia, & More, May 18.....	<input type="checkbox"/>	\$10	<input type="checkbox"/>	Dining Club						
LE11S	Chair Yoga and Relaxation				Note: TRAIL is <i>only</i> available on some Thursdays. If you need TRAIL, be sure your choice has it available.						
	Tuesdays: Apr 21, May 5, May 19.....	<input type="checkbox"/>	\$14	<input type="checkbox"/>	Thai Noodle Salad						
LE103S	Money, Matters, Apr 28	<input type="checkbox"/>	\$8	<input type="checkbox"/>	LE109S-A	Thurs, Apr 16	<input type="checkbox"/>	\$15	<input type="checkbox"/>		
LE104S	Volunteer & Social Time!, May 11	<input type="checkbox"/>	\$5	<input type="checkbox"/>	LE109S-B	Thurs, Apr 30	<input type="checkbox"/>	\$15	<input type="checkbox"/>		
LE106S	NEW! Poetry: More than Rhymes!, Apr 13.....	<input type="checkbox"/>	\$8	<input type="checkbox"/>	Decadent Desserts						
LE107S	NEW! Accessories Swap & Styling, June 2.....	<input type="checkbox"/>	\$8	<input type="checkbox"/>	LE110S-A	Thurs, May 7	<input type="checkbox"/>	\$15	<input type="checkbox"/>		
LE105S	NEW! Model Boating Night!, May 28	<input type="checkbox"/>	\$8	<input type="checkbox"/>	LE110S-B	Thurs, May 21	<input type="checkbox"/>	\$15	<input type="checkbox"/>		
Arts & Crafts			Specific Group Programs - ages 22-40								
LE108S	Art Inventions that Move!, May 14	<input type="checkbox"/>	\$15	<input type="checkbox"/>	LE113S	Friendship & Dating, May 4	<input type="checkbox"/>	\$8	<input type="checkbox"/>		
Cooking Classes											
LE111S	Clever Cupcakes, Mon, Apr 20.....	<input type="checkbox"/>	\$15	<input type="checkbox"/>	Mail complete form to:						
Classes continued on next column....						ISD 271 Learning Exchange 2575 W 88th Street Bloomington, MN 55431					
						Checks MUST be made payable to ISD 271 or they will be returned.					

TOTAL FEE(S) PAID: \$ _____ Check/Money Order Payable to: **ISD 271**

Credit Card: Visa MasterCard Discover

Number _____ Exp. Date _____

By signing above, I authorize my Credit Card to be charged _____ Date _____

Join us at:

TRAIL's Annual Meeting

Tuesday ■ April 7, 2015

7 to 8:15 pm

Richfield Community Center



*A small nonprofit
...making a huge impact!*

Here's your chance to hang out with fellow TRAIL riders, board and family members and donors!

Enjoy a picture slideshow & free refreshments. Find who were TRAIL's 2014 top riders!

Free transportation for TRAIL riders! Call Michelle at 952-828-0983 by April 2nd to schedule your ride.

Attention:

AR&LE Participants!!!

We are updating the AR&LE mailing list! To stay on the list, please make sure you have a current participant profile on file (dated May 15, 2012 or after). ***Here's what you need to do:***

- Obtain a profile form at www.BloomingtonMN.gov keywords: "ARLE profile".
- After filling out and printing an online copy, return the completed profile to the address below or scan and email to parksrec@BloomingtonMN.gov.

Bloomington Parks & Recreation
Attn: Mara
1800 West Old Shakopee Road
Bloomington, MN 55431

- To find out if your profile is outdated, email parksrec@BloomingtonMN.gov or call 952-563-8882.

Updated forms must be received by September 1, 2015 to receive the winter catalog.

If you have other questions, see page 3 for AR&LE staff contact information.

MacPhail Center for Music

PRIVATE MUSIC THERAPY SESSIONS OR ADAPTIVE LESSONS - ALL AGES

Students are assessed before a treatment plan is implemented to meet individual needs and strengths. To register for music therapy, a placement interview is necessary to gather information that will aid in placing the student with an appropriate music therapist. A board-certified music therapist will assess the student's strengths and needs and then create a treatment plan that will outline the goals and objectives to guide the course of services. Ongoing documentation of progress and consultation with care providers occurs in order to maintain a high quality of therapy.

Cost: \$76.25 for 1 hour
\$57.19 for 45 minutes
\$38.13 for 30 minutes

Contact Marian Santucci, MacPhail Music Therapy Manager at 612-767-5596 or santucci.marian@macphail.org for more information or to set up a placement interview.

Financial assistance is available for families who meet the eligibility guidelines. To learn more about receiving financial assistance, music therapy services or to register, call MacPhail's music therapy department manager at 612-767-5596 or email santucci.marian@macphail.org.



Eden Prairie Registration Form

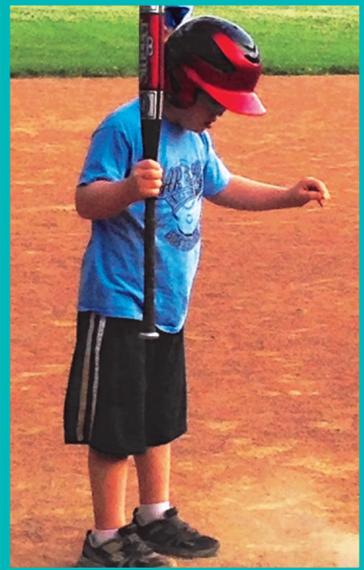
Participant Name		Home Phone	E-mail	Age
Address/City			Apt. #	Zip Code
Special Information: _____ _____				
In order to participate in AR&LE programs, participants <u>must</u> have a completed Participant Profile on file. For more information see page 2 of this catalog.				
Parent/Guardian		Home Phone	Work Phone	E-mail
THE DATA PRACTICES ACT requires that we inform you of your rights about the private data we are requesting on this form. Private data is available to you, but not to the public. This information can be shared with the Recreation and Learning Exchange staff of the Cities and School Districts of Bloomington, Edina, Eden Prairie, Richfield and TRAIL. You can withhold this data, but we may not be able to complete your registration and/or you may not receive updated program information. Your signature on this form indicates you understand these rights. WAIVER: I, the undersigned, understand that my participation in this activity or program is completely voluntary and that the activity or program being offered is for the benefit of the participant. The City shall not be liable for any claims, injuries, or damages, of whatever nature, incurred by the participant which are directly or indirectly attributable to the negligence, whether passive or active, of the City, its agents or employees, arising out of, or in connection with, the activity or program. On behalf of the participant and myself, I expressly release and discharge the City, its agents or employees from any such claims, injuries, or damages.				
Participant or Parent/Guardian Signature _____			Date _____	
Code Adaptive Ice Skating 25510-01 Apr 8-May 13 ----- <input type="checkbox"/> \$75 Everyone Can Dance! 255201-01 Apr 18-May 16 --- <input type="checkbox"/> \$44 Fun With Fitness 355202-01 Jun 3-24----- <input type="checkbox"/> \$43 355202-03 Jul 8-29----- <input type="checkbox"/> \$43 355202-02 Aug 5-26 ----- <input type="checkbox"/> \$43 Tour De Metro 355603-01 Jun 22-26 ----- <input type="checkbox"/> \$179		Code Behind the Scenes Camp 355604-01 Jul 6-10 ----- <input type="checkbox"/> \$65 Swim, Sports & More Camp 355605-01 Jul 13-17 ----- <input type="checkbox"/> \$75 Get your Glee On 355606-01 Jul 20-24 ----- <input type="checkbox"/> \$170 Art of Social Skills Camp 355601-01 Jul 27-31 ----- <input type="checkbox"/> \$170 Beach Week 355607-01 Aug 3-7 ----- <input type="checkbox"/> \$72		Code Friends Together Camp 355602-01 Jun 15-19----- <input type="checkbox"/> \$144 355602-02 Jul 6-10 ----- <input type="checkbox"/> \$84 355602-03 Jul 13-17----- <input type="checkbox"/> \$84 Life Skills Camp 355608-01 Aug 10-14 ----- <input type="checkbox"/> \$144 Everyone Can Dance Camp 355609-01 Aug 17-21 ----- <input type="checkbox"/> \$55
Registration begins on March 17, 2015				
Mail completed form and check, payable to the City of Eden Prairie to: Eden Prairie Community Center, 16700 Valley View Road, Eden Prairie, MN 55346				
TOTAL FEE(S) PAID: \$ _____				
Credit Card Information _____			Exp. Date _____	

Edina Registration Form

Participant Name		Home Phone	Cell Phone	E-mail	Age
Address/City			Apt. #	Zip Code	Birth Date
Special Information: Will PCA or Staff Attend with participant? <input type="checkbox"/> Yes <input type="checkbox"/> No			Dietary needs/allergies: _____		
In order to participate in AR&LE programs, participants <u>must</u> have a completed Participant Profile on file. For more information see page 2 of this catalog.					
Parent/Guardian		Home Phone	Cell Phone	E-mail	
THE DATA PRACTICES ACT requires that we inform you of your rights about the private data we are requesting on this form. Private data is available to you, but not to the public. This information can be shared with the Recreation and Learning Exchange staff of the Cities and School Districts of Bloomington, Edina, Eden Prairie, Richfield and TRAIL. You can withhold this data, but we may not be able to complete your registration and/or you may not receive updated program information. Your signature on this form indicates you understand these rights. WAIVER: I, the undersigned, understand that my participation in this activity or program is completely voluntary and that the activity or program being offered is for the benefit of the participant. The City shall not be liable for any claims, injuries, or damages, of whatever nature, incurred by the participant which are directly or indirectly attributable to the negligence, whether passive or active, of the City, its agents or employees, arising out of, or in connection with, the activity or program. On behalf of the participant and myself, I expressly release and discharge the City, its agents or employees from any such claims, injuries, or damages.					
Participant or Parent/Guardian Signature _____			Date _____		
Dream Ice Skating Apr 12, 19, 26; May 3, 17 ----- <input type="checkbox"/> \$100 Theatrical Performance Camp Aug 10-14 ----- <input type="checkbox"/> \$160		Larry Nelson Adaptive Golf ----- <input type="checkbox"/> \$68 Larry Nelson Adaptive League/Lessons ----- <input type="checkbox"/> \$85 <input type="checkbox"/> TRAIL Adaptive Water Aerobics I - June 3-24----- <input type="checkbox"/> \$42 <input type="checkbox"/> TRAIL Adaptive Water Aerobics II - July 1-22 ----- <input type="checkbox"/> \$42 <input type="checkbox"/> TRAIL			
Mail completed form and checks payable to the City of Edina to: Edina Parks and Recreation, 4801 W 50th Street, Edina MN 55424					
TOTAL FEE(S) PAID: \$ _____					
Credit Card Information _____			Exp. Date _____		



AR&LE Adaptive Adult & Youth Softball



Adaptive Youth Softball: Ages 10-18

Mondays ▪ June 15 to August 10 ▪ 6:30 - 8:30 pm (no June 29)

- Co-Rec program where players learn basic rules and good sportsmanship through fun, creative drills and games.
- First part of each night will focus on skill building.
- Games will begin the second or third week.
- Cost \$60 - register by May 29, 2015

Adaptive Recreational Softball: Ages 19+

Tuesdays ▪ June 16 to August 11 ▪ 6:30 - 8:30 pm (no June 30)

- Co-Rec program designed for players with **or** without softball experience. (non-competitive)
- Review and develop softball skills.
- Coaches will encourage all players to have fun, further develop skills and a better understanding of the rules and positions, and promote good sportsmanship.
- Cost \$60 - register by May 29, 2015

Adaptive Competitive Softball: Ages 19+

Tuesdays ▪ June 16 to August 11 ▪ 6:30 - 8:30 pm (no June 30)

- Co-Rec program designed for players with softball experience who want to play competitively.
- Review and develop softball skills and good sportsmanship.
- Balanced teams will be developed after player skill evaluations are completed the first night so games will be fun for everyone.
- Cost \$60 - register by May 29, 2015

Season Highlights:

- Program held at Tarnhill Park, 9650 Little Road, Bloomington
- T-shirts
- Team Pictures
- End of season celebration with a game under the lights! (Program times and location will be different for this event.)

Registration forms available online at www.BloomingtonMN.gov ("ARLE Softball") or contact City of Bloomington Parks and Recreation at 952-563-8877.



TRAIL transportation is available for adult competitive and recreational softball and **requires a minimum of five riders**. To find out more about TRAIL, see page 3 or go to www.ridetrail.org.



The Adaptive Recreation & Learning Exchange
 1800 W. Old Shakopee Road
 Bloomington MN 55431-3096

Spring AR&LE Retreat

Hot Air Balloon Magic!

Saturday ■ May 16, 2015
1:30 to 4 pm

You'll love this 'mini-retreat' at Woodlake Nature Center where you can meet friends and learn about how hot air balloons work!

Program details are on page 12 and registration form is on page 15.



This exciting afternoon of fun and discovery is limited to 25 participants, so sign up early!

Everyone's invited to TRAIL's 2015

B **wling for Buses** 

Saturday ■ April 25, 2015
11 am to 1 pm

Eden Prairie Brunswick Zone
 2200 Singletree Lane

\$22 for bowlers

\$15 for spectator's lunch

Bowlers will enjoy two games of bowling, pizza buffet and automatic entry for great door prizes.
Spectators watch the fun and enjoy the pizza buffet!

Tickets go on sale March 15th at www.ridetrail.org



*A small nonprofit ...
 ...making a huge impact!*

Watch for the AR&LE Fall 2015 Catalog the week of July 20th!